



Finger Lakes of Upstate New York

October 14-19, 2024
6 days | 5 nights



History of the Finger Lakes

As the last ice age ended, receding glaciers carved the landscape of a number of states including New York. The scouring action of the glaciers melting, moving and flowing created beautiful lakes, unique gorges, and spectacular waterfalls known as the Finger Lakes. This region is composed of more than 23,000 square kilometers of beauty stretching over eleven lakes that all feed into Lake Ontario. The lake names are Canadice, Canandaigua, Cayuga, Conesus, Hemlock, Honeoye, Keuka, Otisco, Owasco, Seneca and Skaneateles. All lie within a triangle between Syracuse, Rochester and Elmira-Corning, New York.

On this Women in Nature trip, our staff will take you on adventures viewing fall color, taking day hikes, and viewing waterfalls while staying together in a beautiful vacation home.



Day 1

Monday, October 14

Travel to lodge at Cayuga Lake

Our first day will include travel to the Finger Lakes region. We will leave early in the morning from the Outdoor Discovery Center stopping along the way for lunch. Before we reach our lodging for the night, we will visit Letchworth State Park on the Western edge of the Finger Lakes to view water falls and the beautiful Genesee River. (L,D*)



Day 2

Tuesday, October 15

Visit Watkins Glen State Park and Explore Penn Yan

Our first full day will begin with a few hours at Watkins Glen State Park. While in the park, we will see iconic gorges and waterfalls against beautiful fall color and Glen Creek. We will have a picnic lunch at the park before driving up the east coast of Seneca Lake toward Penn Yan. On our drive, we will admire the beauty of the longest Finger Lake. At Penn Yan, we will explore the quaint downtown and . (B,L,D*)





Day 3

Wednesday, October 16

Glass Blowing and Buttermilk Falls Exploration

After breakfast, we will drive to the Corning Glass Museum for an exciting glass blowing experience. On our way back to the lodge, we will stop to Buttermilk Falls State Park for a short hike to the cascading falls of Buttermilk Falls. We will end the day with a meal together before our last night in the Finger Lakes region. (B,L,D*)

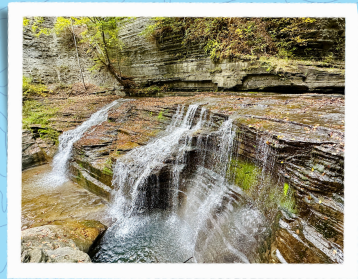


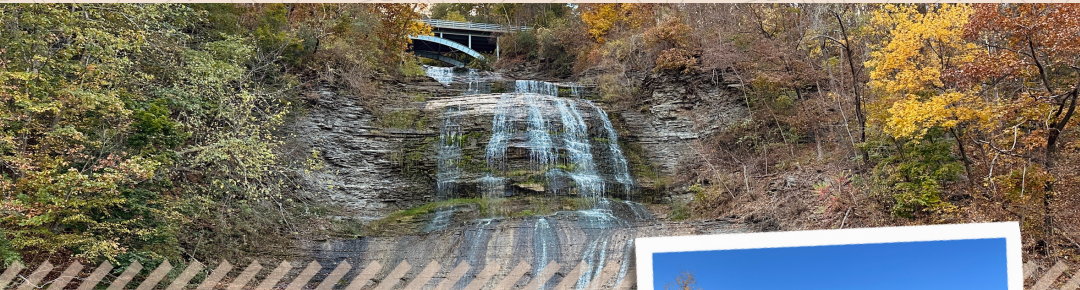
Day 4

Thursday, October 17

Explore Cayuga Lake Area

We will begin the day at Robert H. Treman State Park for a hike to beautiful overlooks and waterfalls along Enfield Creek. We will enjoy a picnic lunch before heading to Taughannock Falls State Park overlook. The impressive view of Taughannock Falls will showcase the 215 foot drop which is the highest falls east of the Rocky Mountains. On our way back to the lodge we will stop at Bellweather Hard Cider and Winery. (B,L,D*)





Day 5

Friday, October 18

Canal Tour and Un-wine-d Adventure

Our last full day will have us take breakfast on the go as we board a canal boat to view a lake from a unique perspective. With the Canal lock tour you would get to experience the workings of the canal lock with the rise and fall in elevation through the lock chamber! The scenic beauty of the lakes will be accentuated by fall color for this relaxing tour. On our drive back to the lodge, we will stop at Buttonwood Grove and Thirsty Owl Wineries for our final tastings. We will end the day with a meal together as we enjoy our last night in the Finger Lakes region. (B,L,D*)



Day 6

Saturday, October 19

Drive back to Holland, MI

We will be out early on our last day for our return trip to the Outdoor Discovery Center and Holland. (B)



TRIP COSTS

\$1,275 per person – double occupancy queen bed

\$1,375 per person – double occupancy king bed

\$1,475 per person – twin bed

\$1,975 per person – single occupancy queen bed

\$1,975 per person – single occupancy king bed



Payment Info: \$500 deposit due at the time of booking and required to hold a place on the trip.

\$500 2nd Payment due May 17, 2024

Final balance is due by August 30, 2024

All payments may be made at one time if desired via cash or check. Transaction fees apply for making payments with a credit card.

Cancellations: Full refunds will be made until June 30, 2024. After June 30, up to 50% of money received may be forfeited by the participant. No refunds will be given for cancellation after September 1, 2024. We encourage you to speak to a travel agent about trip insurance to protect yourself if unexpected situations require you to cancel your participation.

If you would like to purchase trip insurance, please contact Ashley for a TravelSafe Insurance link.

Included: 5 nights lodging; all transportation via rental vans driven by ODC staff; fees for park admission, wine tours/tastings as indicated in brochure, boat tour, etc; all meals as indicated in itinerary (B,L,D*)

Not included: Meals while in transit to and from New York, souvenirs, snacks between meals, alcoholic beverages, additional excursions, and activities apart from the group.

Please contact trip leader Ashley VanZee to learn more or to make a payment: 616.368.9289 or ashley@outdoordiscovery.org.

**Itinerary subject to change due to weather or other unforeseen circumstances*

ACCOMMODATION INFORMATION

We will stay in a beautiful lodge on the shores of Lake Cayuga; the longest of the Finger Lakes at 40 miles long! Located along the western side of the lake, Cayuga Belle is the perfect lakeside farmhouse accommodation for a large group.

Upon entering this grand home, you will be greeted by beautiful original wood floors spanning the length of the home. Stunning wooden beams and knotty pine enhance the historical architectural qualities of Cayuga Belle. The lodge has seven bedrooms with a variety of bed sizes including 4 full bathrooms and 3 half bathrooms. Some rooms will require guests to share a king or queen size bed unless their reservation includes the single supplement fee.

In the morning, you will have the opportunity to enjoy coffee or tea on the front porch. You can also take the custom-made stone path to the lake for a walk or stop on one of the landings and overlook the lake. In the evenings, we will enjoy the 300' of lake frontage along with sunset and outdoor gathering areas with firepits.

We are excited to enjoy the amenities Cayuga Belle Estate on this ODC Explorer Network - Women in Nature Trip!

