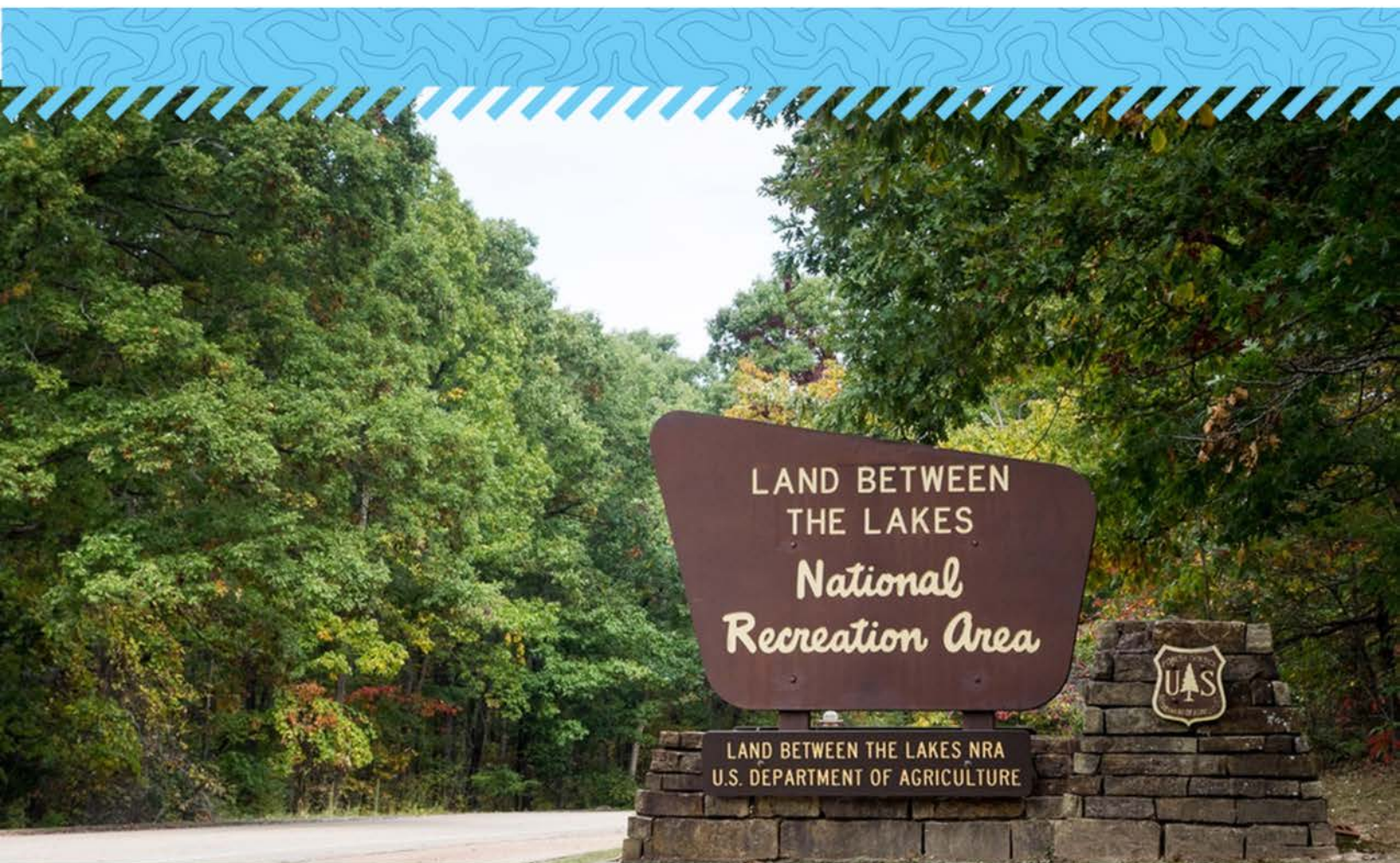




Land Between the Lakes

May 5 -10 2025

6 days | 5 nights



Escape to the serene beauty of Land Between the Lakes (LBL) National Recreation Area and beyond. This 170,000-acre natural haven is nestled between Kentucky Lake and Lake Barkley. You are invited to explore the scenic trails, tranquil lakeside views, and abundant wildlife.

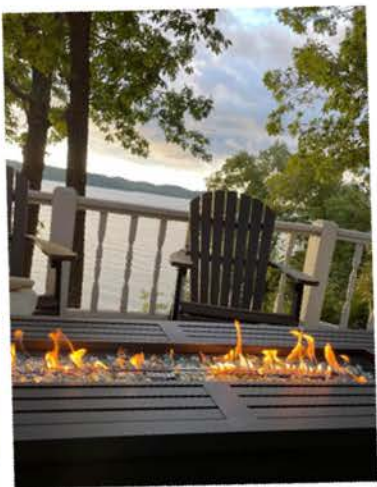
This unforgettable trip blends nature, adventure, history, and art for an empowering women's retreat, a great balance of excitement and relaxation. From the tranquil lakes of LBL, where you'll connect with native wildlife and gain insights into the area's unique ecosystems, to stepping back in time at the Homeplace 1850s, an working farm, every moment is filled with discovery. Thrill-seekers will love ziplining through the Shawnee National Forest, while those seeking the unusual will be awed by the stunning underground world of Mammoth Cave. Paducah, with its vibrant murals and artsy charm, adds a creative touch to the journey. Every day is packed with enriching experiences, leaving you with beautiful memories, newfound friendships, and a renewed spirit!



Day 1

Travel to Land Between the Lakes & Shawnee National Forest

We'll spend our first day traveling to Kentucky with a stop at the Shawnee National Forest. Here you can choose your own adventure: explore scenic hiking trails through lush forests and breathtaking vistas, or for an extra thrill, zip line through the forest canopy, soaring above the treetops for a unique view of this natural wonder. Afterward, unwind and relax at our homebase for the week, the Main Channel Manor on Lake Barkely.





Day 2

Land Between the Lakes - South End



Our first scenic drive takes us down the Trace through Land Between the Lakes, a historic route with stunning views and opportunities to spot wildlife. Along the way, we'll stop to search for elk and bison in their protected preserves and visit the historic Homeplace to experience life on a pre-civil war working farm. We'll also make a stop at Fort Donelson National Battlefield, a site rich with Civil War history.



Day 3

Mammoth Cave



Embark on an exciting journey to Mammoth Cave National Park for an unforgettable underground adventure. After traveling to the park, you'll experience the awe-inspiring Star Chamber Tour, one of the park's most popular guided cave tours. Explore the breathtaking formations and unique features of this vast cave system, including the mesmerizing Star Chamber with its glittering formations. After your cave exploration, travel back to Main Channel Manor for a night of relaxation.



Day 4

Land Between the Lakes - North End



We will cruise down another scenic section of the Trace to explore the wonders of wildlife at the Nature Station, where you can get up close with native animals and learn about their habitats. Then, we'll continue with a guided cemetery tour, uncovering the rich history and fascinating stories of those who once called this area home. To end the day on a delicious note, we'll enjoy a memorable dinner at Patti's Restaurant, known for its cozy ambiance and award-winning pies.



Day 5

Paducah, KY - Arts & Culture



Spend the day exploring the charming riverfront city of Paducah, KY, a UNESCO Creative City celebrated for its vibrant arts and culture. Our visit will include a stop at the renowned National Quilt Museum, where you'll marvel at stunning exhibits showcasing intricate quilting masterpieces from around the world. We'll also experience the lively Lower Town Arts & Music Festival, where local artists, musicians, and culinary vendors come together to showcase Paducah's creative energy—with an opportunity to get crafty yourself. Stroll through the historic downtown, lined with unique shops, galleries, and cafes, and soak in the artistic spirit that makes this city truly one of a kind.



Day 6

Travel Home - Cave-in-Rock



On our drive home to Holland, MI, we'll make a scenic stop to hike at Cave-in-Rock State Park. Nestled along the Ohio River, this unique park features dramatic rock formations and a historic cave that once served as a hideout for river pirates. Enjoy a peaceful hike through the forest, take in the beautiful river views, and explore the natural beauty of this captivating spot before continuing on your journey home.



Your Trip Leaders Joy and Andrea

QUESTIONS?

Joy Funk

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Andrea Woody

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616-499-3810

TRIP COSTS

King or queen bed, own room & bathroom:
single bed occupancy \$2,300
shared bed \$2,000

King or queen bed, shared bathroom:
single bed occupancy \$2,200
shared bed \$2,000

Full bed, shared room and bathroom:
\$2,100

Trip cost includes all taxes, park & guide fees, gratuity, lodging, meals & ground transportation. It does NOT include trip insurance, personal items/souvenirs, or alcoholic beverages.

PAYMENT SCHEDULE:
\$800 deposit due at registration
\$800 due Feb 1, 2025
Final Balance due April 1, 2025

Please note that there is a 4% surcharge for credit card payments

CANCELLATIONS:
Inquire with trip leaders

**Itinerary subject to change*

